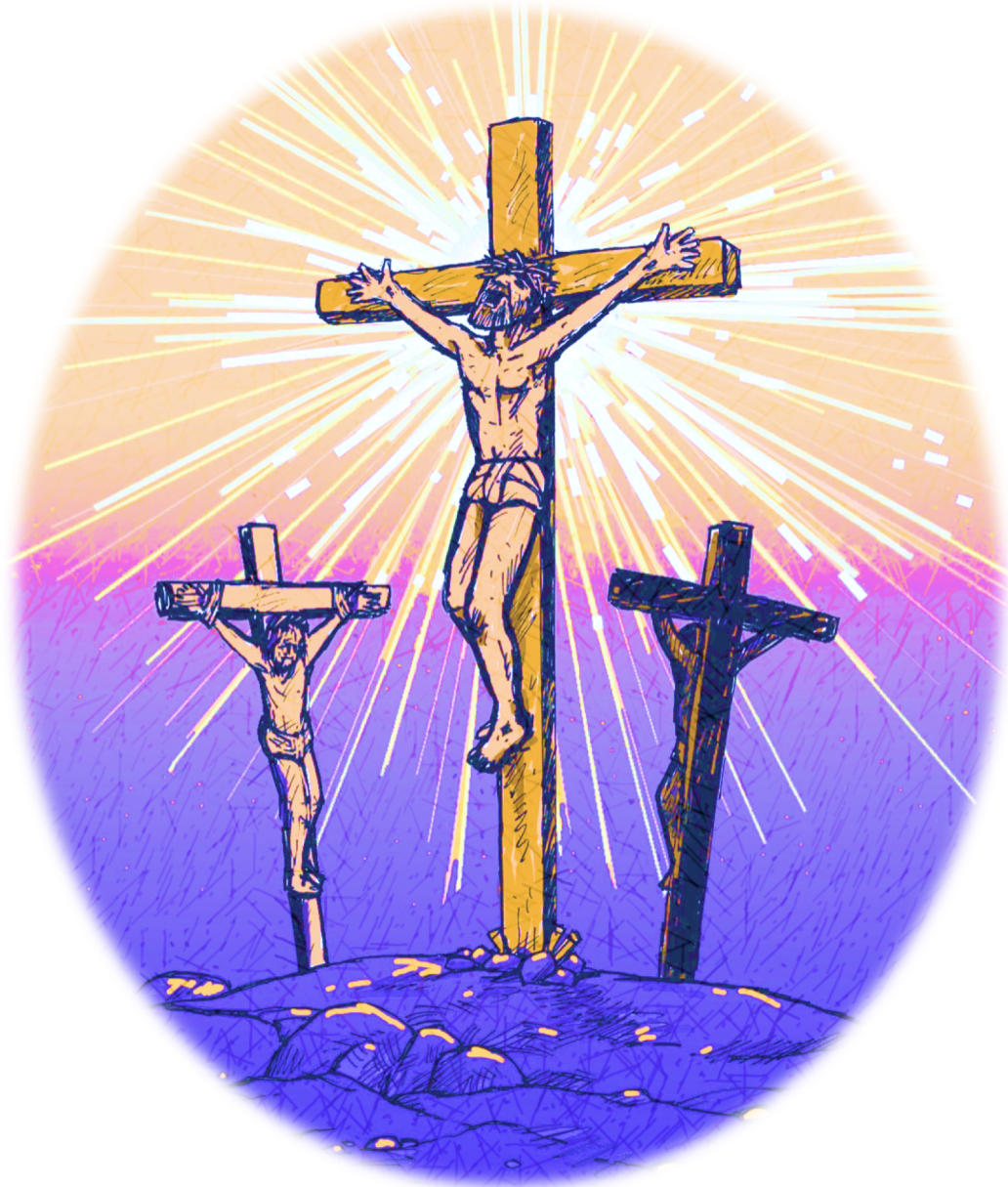


# KNEC NEWS



April 2019



Kirknewton and East Calder Parish Church of Scotland  
Scottish Charity No: SC006973



***This month includes:***

*From the Manse*

*House Groups*

*In Focus*

*Praying in Parliament*

*The Break*

*Boys' Brigade*

*Energj*

*Annual Report and Accounts*

*Board & Session*

*Holy Week Services*

## Happy Easter



Spring is most definitely my favourite time of year. It's so good to see things grow again and see lighter nights and longer hours of daylight. I find it so much easier to get up in the mornings when it's no longer cold and dark outside. I love the idea that we have several months of this to make the most of before the winter sets in again.

Of course, as much as we need spring time and summer, we need autumn and winter. There's a necessary rhythm to life which is somehow mirrored in creation. There is decaying and dying as well as growing and living again.

So, it's perhaps no surprise that Easter occurs at this time of year. When Jesus was crucified and laid in the tomb Mark tells us that it was the women who had been with Jesus who made their way to anoint his dead body and that would be the end of the Jesus story:

*Very early in the morning, on the first day of the week, they came to the tomb when the sun had risen. And they said among themselves, "Who will roll away the stone from the door of the tomb for us?" But when they looked up, they saw that the stone had been rolled away—for it was very large.*

To their great surprise, they saw the tomb was empty and were alarmed to meet an angel saying to them:

*"Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He is risen! He is not here. See the place where they laid Him. But go, tell His disciples—and Peter—that He is going before you into Galilee; there you will see Him, as He said to you."*

Their sadness turned to joy and their despair turned to hope. Jesus was truly alive, he'd risen, just as he said he would. Wow! Their lives would never be the same again. That was confirmed when he appeared to them a few days later and spoke to them. This is how Mark ends his gospel:

*Cont'd*

*So then, after the Lord had spoken to them, He was received up into heaven, and sat down at the right hand of God. And they went out and preached everywhere, the Lord working with them and confirming the word through the accompanying signs.*

The women and the other disciples were changed seeing Jesus raised from the dead. No longer frightened and cowering behind locked doors, they were filled with a renewed courage to tell the story of the good news. May we find the courage to tell of the good things God has done for us and to celebrate with everyone the reality of eternal life here and now. And may you know the power and life of the Risen Christ in your own life, now and always.

Happy Easter!

Alistair

## ***Pastoral Care***

Please let Alistair or Brenda know if you'd like a home visit, or to go out for coffee. They don't always know who'd like a visit, so it would help if people asked for one. They'd hate to miss out people. Also, if you are happy for Alistair to hold your 'phone number on his mobile 'phone, please let him know if you haven't done so already.

## ***Church Roll***

If you are moving, or any change is necessary to the entry regarding you on the Church Roll, please give the relevant information to either your Elder or the Session Clerk.



The Wednesday House Groups will not meet in April, while the Lent Study (Together for Good) runs. Following a short break after Easter, groups will start again on Wednesday 1<sup>st</sup> May.



In Focus is held each Sunday evening at 18.30 in East Calder Church Hall. During this worship time, we meet in fellowship, to give thanks and to praise God, and learn through others experience, God's goodness towards us. All welcome.

**April programme is as noted below: -**

- April 7<sup>th</sup> Café: [REDACTED] will tell of her passion for sponsoring a child in poverty to effect change in that child's life and how God empowered her to do what she does;
- April 14<sup>th</sup>: Easter Songs of Praise;
- April 21<sup>st</sup> : Easter - **No In Focus**;
- April 28<sup>th</sup> Café: [REDACTED] will share her passion as a care provider to nurse individuals and support families in times of need and how God has empowered her to do what she does.

Please think about coming along to meet others at In Focus. Refreshments are provided.

For more information on anything relating to In Focus, or if anyone needs a lift, please contact [REDACTED]

In Focus Planning Team

# Praying in Parliament

SUPP (Scotland United in Prayer for Parliament) is once again meeting in a committee room of our Parliament at Holyrood to pray for current issues and for people who work there, especially our MSPs.


Tuesday 14<sup>th</sup> May, 6.00pm - 7.30pm, assembling in the foyer of the Parliament no later than 5.45pm.

For security purposes, they need to have the names of all who are coming by 10<sup>th</sup>. Please let me know if you would like to come. Shared transport will be organised.



## T H BREAK

The Break continues the theme 'The Miracles of Jesus' and during March will meet on:

Thursday 4<sup>th</sup> April, when we will welcome  to be with us as he leads on 'Jesus cleanses ten Lepers on the way to Jerusalem'.

Come along and join this short service of praise, worship and fellowship - 12:30pm, after the Lunch Club.



## 1<sup>st</sup> EAST CALDER COMPANY

The Anchor Boys and Junior Section have taken part in a few Battalion events over the last two months. The Anchors had a morning at a Soft Play in Bathgate. It's amazing how Boys can run around for 2 hours and not be tired!!!

The Junior Section took part in the Indoor 5's competition and for the first time entered the Handball. Both events were held at Inveralmond Community High School. We also took part in the Figure Marching and considering four of our Boys only joined the Company in January they were very good. Our next competition is Spiritual and that takes place on 29<sup>th</sup> March. We'll let you know in the next magazine how we fared.

If you managed along to the Church's Spring Fayre hopefully you joined the BB for a cup of tea and a filled roll. Delighted to say that we raised £362.00 and this will be sent to Marie Curie (Registered Charity, England and Wales (207994), Scotland (SC038731). Thanks to everyone who supported us on this occasion.

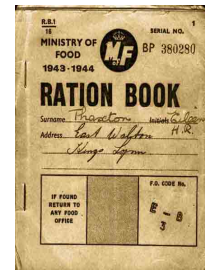
Two of our Young Men completed their Queen's Badge work by attending a Completion Course at Carronvale over the weekend 8<sup>th</sup> to 10<sup>th</sup> March. A third Boy will be attending a Completion Course during the Easter holidays. Three Queen's Men this year – great.

We will not be meeting during the school holidays so we're off on 5<sup>th</sup> and 12<sup>th</sup> April and Good Friday. We return on 26<sup>th</sup> April and before we know where we are it will be Display time again!!

██████████  
Captain



## THE MINISTRY OF FOOD



The Minister of Food Control (1916–1921) and the Minister of Food (1939–1958) were British government ministerial posts. In the Great War, the Ministry sponsored a network of canteens known as National Kitchens. In the Second World War, a major task of the *Ministry of Food* was to oversee rationing.

Who, among the older members of our congregation, remembers Cod Liver Oil and Orange Juice, mixed together to make a truly revolting beverage that was spooned into wartime children? And there was the ‘Dig for Victory’ campaign which encouraged everyone to turn their gardens into productive vegetable plots.

Jamie Oliver’s *Ministry of Food* was a 2008 UK TV programme, aiming to recreate the successes of the wartime *Ministry of Food* in encouraging healthy eating.

But did you know that KNEC also has a *Ministry of Food*? It has been running for a number of years and aims to provide tasty, nourishing meals to members who are temporarily struggling to do so themselves: someone just out of hospital and still frail; someone recently bereaved and too overwhelmed, perhaps by shock or grief or just by the amount of paperwork, phone calls and arrangements to be made; a new baby in the family; or, like me recently, temporarily unable to use the dominant hand. I had a ‘carpal tunnel release’ operation on my right hand. Simple tasks like cleaning my teeth or fastening a button became frustrating and time-consuming. Preparing food, handling hot pans and juggling utensils, were out of the question.

But, no fear! Every day, until I had the use of my right hand again, the *Ministry of Food* delivered a home-made, ready-to-eat meal for two, with a smile, a wee chat and a hug. It was wonderful. What might have been ten days of struggle (not to mention spending a fortune on indifferent takeaways and supermarket ready meals) felt more like a holiday, as we waited eagerly to see what our evening meal would be, and who would bring it!



I have been a member of the Ministry of Food team for some years myself, and always enjoy cooking and delivering meals to members in need. But it was not until I was on the receiving end, that I realised how wonderful it is. With each day's food, comes a sense of being cared for and valued - truly God's love in action.

If you would like to join the team (it usually means doing just one or two meals over a couple of weeks), please get in touch with [REDACTED]  
[REDACTED] Catch any of us at church on Sundays.

Or email me: [REDACTED]

## EnerJ

It has been a fun and very practical few weeks at EnerJ as we have explored the miracles of Jesus. There are lots of photos up in the hall and on Facebook of our fun. We will be moving onto Easter next and look forward to learning more about that.



Our church outing has been arranged for Sunday 23<sup>rd</sup> June. We have a coach booked again to take us to Lendrick Muir which was a fantastic day last year.

Please put this date in your diary and watch for more information about this. All are encouraged to come along and join the fun.

We were delighted with the total from the Smartie tube collection being £534.37 - This will go a long way in helping children in our communities so thank you everyone.

We continue to pray about EnerJ after the summer and ask you to join us in this prayer seeking God's will to be made clear.

Love  
The EnerJ Team

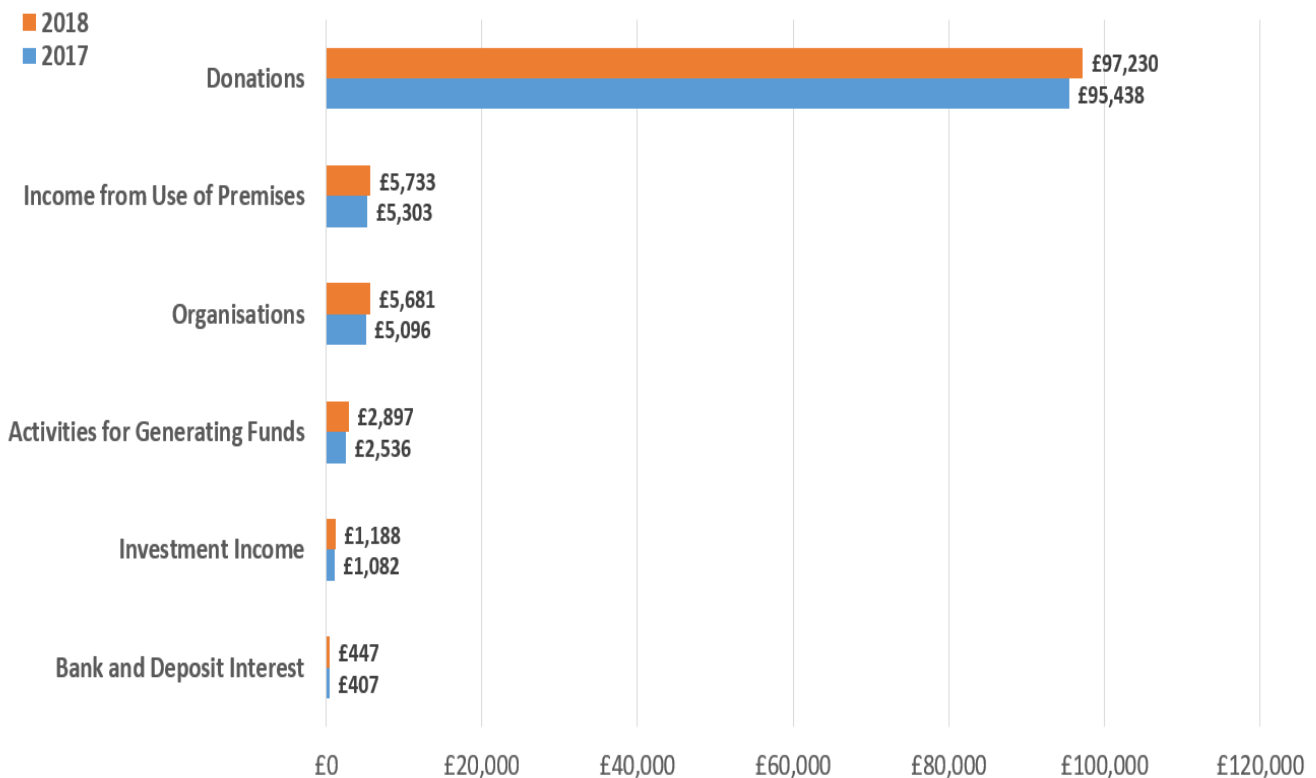
## 2018 Annual Report & Accounts

The 2018 Annual Report and Accounts were presented at the Annual Stated Meeting on 12th March. The full report and accounts are also now available on our website - <http://www.knec4jesus.org.uk> If you require a paper copy, please contact [REDACTED].

In 2018, total receipts were **£113,176** and total payments were **£115,076**, resulting in a deficit for the year of **£1,900**. Compared to 2017, there has been a 3% increase in receipts and a 9% increase in payments.

### Receipts

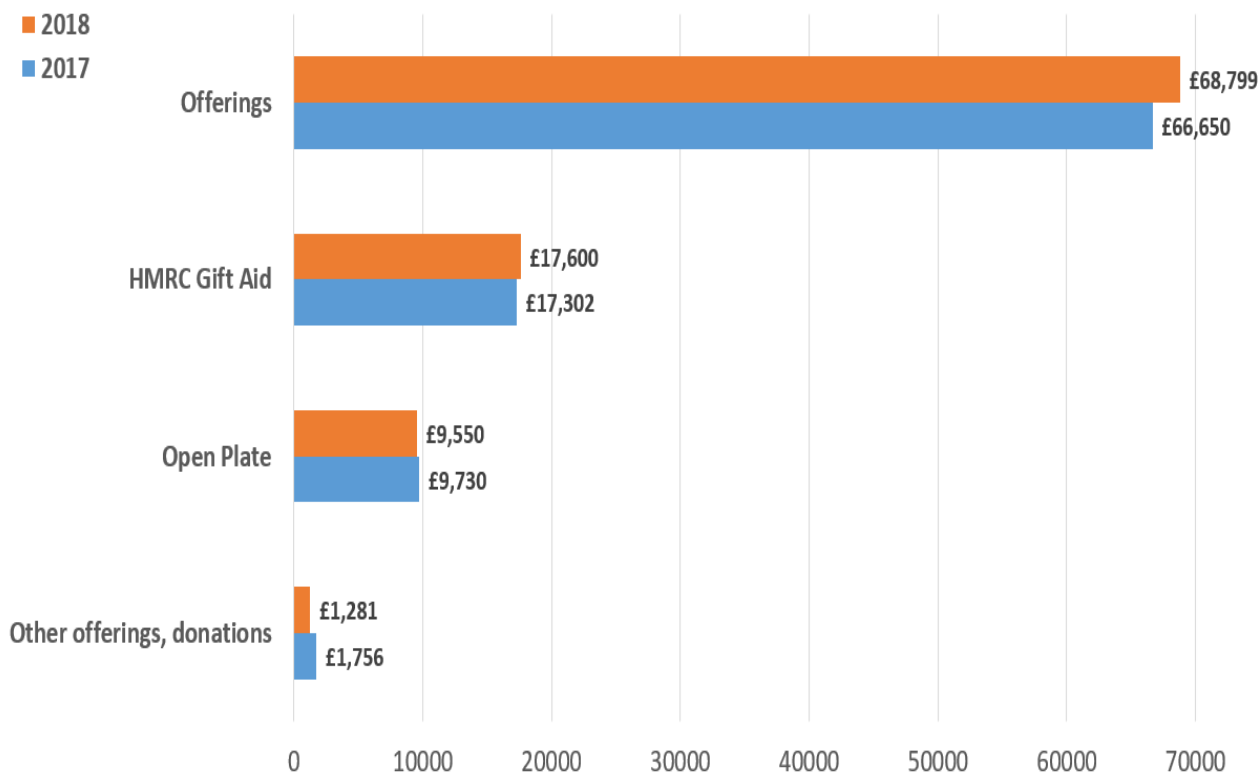
#### Total Receipts in 2018 compared to 2017



Total receipts across key headings within the accounts are broadly similar to 2017. That said, some key points to note include a small increase in the overall level of donations received; greater donations given for the use of Church premises; and a successful Spring Fayre (included in the Activities for Generating Funds section).

A further breakdown of donations is provided below for information.

### Donations in 2018 compared to 2017

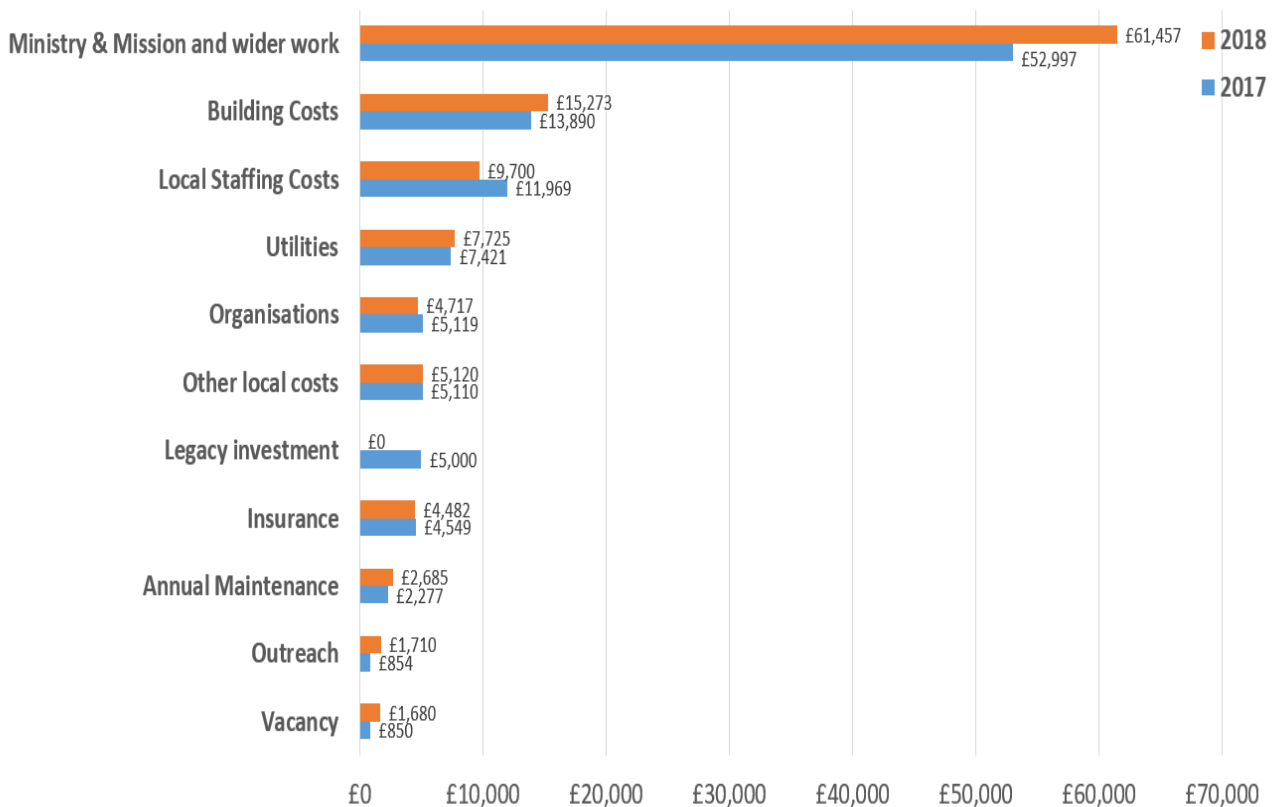


The principal source of income remains weekly offerings and tax recovered on Gift Aid donations. Compared to 2017, there has been a slight increase (3%) in the overall level of donations received from members, notably with those donations received via standing order having increased by 10% in value.

Meanwhile, weekly freewill offerings and open plate donations have fallen slightly. Gift Aid continues to be one of the simplest means whereby our Church can benefit financially, therefore, if you are a tax payer, either on your salary or pension, please consider signing a Gift Aid form.

## Payments

### Total Payments in 2018 compared to 2017



The key differences in 2018 compared to 2017 in terms of payments reflect the end of our period of vacancy in April 2018: an increased Ministries and Mission allocation payment; lower local staffing costs as a locum was no longer required; and removal expenses.

During 2018, significant property expenditure for the Church included unforeseen repairs to the ceiling in East Calder Church; required maintenance in the Manse; and removing and replacing fluorescent light fittings in Kirknewton Church Hall. £7,711 of the £15,273 figure was funded from the Fabric Fund and was used to undertake substantial works on East Calder Church spire and required redecoration in the Manse ahead of welcoming [REDACTED].

Our grateful thanks go to [REDACTED], Property Convenor, and his group of helpers who look after all our properties. Their ongoing work has successfully kept our property maintenance costs down again this year.

It is worth noting that the budget for 2018 estimated income on the General Account, i.e. excluding organisations, to be £105,880 (actual £107,269) and forecast costs of £105,773 (actual £100,597). Therefore, income has been slightly higher than anticipated and expenses have also been 5% lower than forecast, predominantly due to lower than budgeted property maintenance and local staffing expenses.

In terms of our collections for third parties, £5,883 was raised for ten charities during 2018.

Please give prayerful consideration to the finances of our Church and thank you for your continued support. Finally, if you would like a Gift Aid form, a set of envelopes or a Standing Order form then please just ask me.



Treasurer

Thank you to everyone who supported the Spring Fayre in all sorts of different ways. It was great to see so many people in the halls on 23<sup>rd</sup> and we raised the magnificent sum of £1,482.65. The breakdown as follows:



Church Funds: £839.65  
Vine Trust: £126.00  
Compassion: £100.00  
Boys' Brigade (for Marie Curie): £362.00  
Craigshill Neighbourhood Project: £55.00

## Church Hall Bookings

Requests should come to the Hall Convenors, by the end of the first week of each month and they will be referred to the Congregational Board.

## Magazine Articles

If you have an article for KNEC News please submit it, preferably by email, using the dedicated address: [knecnews@btinternet.com](mailto:knecnews@btinternet.com)

The deadline for April's Magazine will be **Friday 26<sup>th</sup> April**.

## Church Website

The Church's website includes sermons. To access them all you have to do is to go to the home page <http://www.knec4jesus.org.uk> and click on 'Sermons' – now available to listen to via the website or to download or subscribe as a podcast on iTunes etc – the links are all on the website.

Copies of KNEC News are also on the website.

Have a look!

If you would like to receive **KNEC NEWS** by email please send your email address to: [knecnews@btinternet.com](mailto:knecnews@btinternet.com)

## Extract from Minutes of Joint Board/Session Meeting held on 26<sup>th</sup> February 2019

**In Focus speaker fee** - When In Focus began, Board approved payment of £25 + travel expenses for each speaker; this has never been increased. Proposal received to increase In Focus speaker fee to £50 + travel expenses. Expected outlay of no more than 6 speakers per year, therefore a potential £300 + travel expenses. This was approved.

**Congregational outing and bus** - Request seeking Board approval for congregational outing and bus totalling £450 - £100 for sole use of premises at Lendrick Muir (indoor hall) and £350 for bus. This was approved.

***Church of Scotland General Trustees (COSGT) Electricity Supply Contract*** from 1st April 2019 update:

- Following negotiations with 7 energy suppliers, COSGT concluded that Scottish Hydro should continue as supplier of electricity to non-domestic sites in Church of Scotland; rates, charges and feed-in tariff element are fixed for 1 year from 1 April 2019.
- Previous 3-year contract was fixed in late 2015 when prices were lower so average tariff increase of 35% for metered sites. Given price increase, COSGT's view is that a 1-year deal is the best option in the hope that the market settles before the next renewal. Finance Committee believe this is likely to be the best deal available currently.

### **Other Business**

- It was agreed to extend [REDACTED] appointment as Treasurer beyond 1 May.
- Kirknewton & East Calder Church has been invited to attend the General Assembly in May. Session agreed to appoint [REDACTED] as a Commissioner to accompany Rev A Cowper.
- As [REDACTED] is now the Safeguarding Co-ordinator, it was agreed that he should be invited back to Session with effect from 26 March.



# Easter Services

at

**Kirknewton and East Calder Parish Church**

Sunday 14<sup>th</sup> April Palm Sunday

@ 9.45 Kirknewton Church  
and @ 11.15 East Calder Church

15<sup>th</sup> and 16<sup>th</sup> April @ 19.30 East Calder Church

18<sup>th</sup> April Maundy Thursday Communion

@ 19.30 Kirknewton Church.

19<sup>th</sup> April Good Friday @ 19.30 East Calder Church.

Sunday 21<sup>st</sup> April **Easter Day**

@ 9.45 Kirknewton Church  
and @ 11.15 East Calder Church



## Bible Bite

A short story from the Bible

It can be read in the Bible in  
Lk 22:1-13, Mt 26:14-19, Mk 14:10-16

It was just before Passover, when Jews celebrate God rescuing them from Egypt. Jesus and his disciples were in Jerusalem..

The Chief Priests were plotting



How can we get rid of Jesus?  
He always has crowds around him.

Jesus' disciple Judas came to them...



I could help you.

We'd be happy to pay you



How much?

30 silver coins



30 silver coins happened to be the same amount that had to be paid as compensation to the owner if a slave was killed  
Ex.31:32



I'll let you know when Jesus is alone.

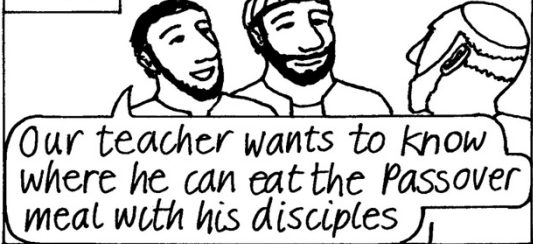
Meanwhile, Peter and John asked Jesus...



Where do you want us to prepare the Passover meal?

Go into the city and follow the man carrying a water jar to his home

They did, and asked the house owner



Our teacher wants to know where he can eat the Passover meal with his disciples

The room is upstairs on the roof, ready to use



Peter and John got the meal ready



That evening, Jesus and his 12 disciples went to the room to eat the Passover meal.



# CHURCH GROUPS

## CONTACT DETAILS and MEETING TIMES

Group	Contact(s)	Email	Tel	Details
<b>Bairns' Rock</b>				Wednesdays: 9.30am-11.30am East Calder Church Hall Pre-school children
<b>Bible Study</b>				Last Wednesday of each month 10.00am-11.00am Kirknewton Church Hall
<b>Boys' Brigade</b>				Fridays: East Calder Church Hall Anchor Boys: 5yrs/P3-6.30pm-7.30pm Junior Sect: P4/5/6-6.45pm-8.15pm Company Sect: P7-18ys 7.30pm-9.45pm
<b>Congregational Board</b>				Meets on last Tuesday of Sept, Nov, Jan, Apr and 3 <sup>rd</sup> Tuesday of June at 7.00pm and on last Tuesday Feb a joint meeting with Kirk Session at 7.15pm. East Calder Church Hall
<b>EnerJ</b>				Sundays: 11.15am East Calder Church Hall Ages 3 – 11.
<b>Forget-me-not Café</b>				Last Thursday of each month 10.00am-12noon East Calder Church Hall
<b>House Groups</b>				Wednesdays: 7.30pm Thursdays : 7.30pm
<b>Kirk Session</b>				Meets on last Tuesday of Sep, Nov, Jan, Apr and 3 <sup>rd</sup> Tuesday of June at 8.00pm and on last Tuesday of Oct, Feb, Mar and May at 7.15pm. East Calder Church Hall

Group	Contact(s)	Email	Tel	Details
Lunch Club				1 <sup>st</sup> & 3 <sup>rd</sup> Thursday of each month 11.30am-12.30pm East Calder Church Hall
Men's Fellowship				2 <sup>nd</sup> & 4 <sup>th</sup> Saturday of the month East Calder Church Hall 8.30am
Praise Band				Sundays: 11.00am East Calder Church and 6.00pm East Calder Church Hall
Prayer Group				Mondays: 7.30pm East Calder Church Prayer Room.
Singing Group				1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays at 7.45pm in Kirknewton Church 2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays in East Calder Church
The Break				1 <sup>st</sup> & 3 <sup>rd</sup> Thursday of each month 12.30pm-12.50pm East Calder Church Prayer Room
The Guild				1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays of the month 7.30pm in East Calder Church Hall
Thursday Prayer Group				7.30pm in East Calder Church Prayer Room

